For Immediate Release

September 4, 2019

Flu vaccine is the best protection we have from the flu and its complications. Flu vaccine also helps prevent spreading flu from person to person.

The Columbia County Department of Health has received the seasonal flu vaccine and has scheduled community clinics for any Columbia County resident 19 years and older who would like a flu shot.

**Thursday, September 12, 2019**

**Office for the Aging Senior Picnic Day**

**11:30 am – 2:30 pm**

**Stuyvesant Falls VFW**

**9593 Route 25-A Stuyvesant Falls**

**Saturday, October 5, 2019**

**Golden Gathering (For Seniors Only)**

**9:00 – 12:30 pm**

**Columbia-Greene Community College**

**4400 Route 23, Hudson**

**Tuesday, October 8, 2019**

**10:30 am – 11:30 am**

**Livingston Nutrition Site**

**447 Church Road, Livingston**

**Wednesday, October 9, 2019**

**10:00 – 12:00 noon**

**Roe Jan Library**

**Route 22, Hillsdale**

**Thursday, October 10, 2019**

**10:30 – 11:30 am**

**Hudson Nutrition Site**

**51 North 5th Street, Hudson**

**Friday October 18, 2019**

**10:30 am - 11:30 pm**

**Philmont Nutrition Site**

**93 Main Street, Philmont**

**Friday, October 18, 2019**

**1:00 – 2:30 pm**

**New Lebanon Town Hall**

**Route 22, New Lebanon**

The Health Department will accept the following insurance plans as long as they are the **primary** and not supplemental plans:

* Blue Shield
* CDPHP
* Fidelis
* Medicare Part B
* MVP
* Other Senior Plans may be billed including some Blue Cross Blue Shield Plans. It is recommended that you call the health department before attending the clinic for verification that your insurance will cover the cost.

**Individuals must bring their cards to the clinics for verification.**

**All others are expected to pay a fee between $ 41.00 and $ 42.00 for the flu vaccine. Cash or checks accepted. No debit or credit cards.**

Children aged 6 months to 18 years will be offered the flu vaccine by appointment at the regularly scheduled Immunization clinic every Tuesday from 1:00-3:30 pm at the Columbia County Health Department located at 325 Columbia Street, Hudson, NY on the 1st floor. An evening Immunization clinic is also available on the 3rd Tuesday of each month from 4:00-6:00 pm. Both clinics are by appointment only.

There are now two Pneumonia Vaccines available to individuals age 65 and older Pneumovax 23 and Prevnar 13. The criteria to determine which vaccine an individual may need are complex. In order to give each individual adequate attention, pneumonia vaccines will **ONLY** be available at the regularly scheduled Immunization clinics by appointment.

Talk to your doctor before getting the flu shot if you ever had a serious allergic reaction to eggs or to a previous flu shot, or have a history of Guillian-Barre Syndrome.

For more information or to schedule an appointment, contact the Health Department at (518)828-3358. A clinic schedule can also be found on the Columbia County Health Department website at [www.columbiacountynyhealth.com](http://www.columbiacountynyhealth.com).