

Columbia County Department of Health

Community Health Improvement Plan

Implementation Plan 2016-2018

Date Created: September 2016

Date Reviewed/Updated: _____

NYS Prevention Agenda Priority Area: Prevent Chronic Disease

NYS Prevention Agenda Focus Area: Reduce Obesity in Children and Adults

Columbia County Goal 1: Create Community environments that promote and support healthy food and beverage choices and physical activity	
PERFORMANCE MEASURES	
Indicators	Source
By December 31, 2018, reduce the prevalence of obesity among public school children by 5% (BMI \geq 95%) from 18.7% (Student Weight Status Category Report 2010-2014) to 13.7%.	NYS Student Weight Status Category Reporting

Strategy 1: Implement 5-2-1-0 Out-of-School Evidence Based Programming in Columbia County After school programs.					
Background on Strategy					
Source: The Barbara Bush Children’s Hospital at Maine Medical Center					
Evidence Base: 5-2-1-0 Let’s Go! ; Prevention Agenda Action Plan Re-Fresh Chart					
Policy Change (Y/N): Yes					
Disparity Addressed (Y/N): Yes- Focusing in Hudson City School District					
Action Plan					
Activity	Target Date	Resources Required	Lead Agency/ Partners	Anticipated Product or Result	Progress Notes
Promote 5-2-1-0 guidelines in afterschool programs	On going	5-2-1-0 Out-of-School Toolkit (outreach materials), Staff compliance	CCDOH, St. Peter’s Health Partners, Cornell Cooperative Ext.	Full implementation of 5-2-1-0 Out-of-School program in Hudson Youth Center program and three other after school programs in Columbia County	
Review “Getting Started Checklist” with Hudson Youth Center staff. Collect BMI’s for participants	December 31, 2016	5-2-1-0 Toolkit, Program Staff, BMI Scale	Hudson Youth Center, CCDOH, CMH	Baseline information for program implementation, Choose Focus Strategies, goals and tasks. Delegate responsibilities for tasks.	

Implement changes for three chosen focus areas (Of 10 5*2*1*0 Strategies)	March 31, 2017	5-2-1-0 Toolkit, Program Staff	Hudson Youth Center, CCDOH	Policy changes, increased awareness and education in three focus areas	
Complete 5-2-1-0 Survey	May 31, 2017	Online survey	Hudson Youth Center, CCDOH	Process measures for first year of implementation (Results of Survey)	
Begin Implementation of 5-2-1-0 in two other after school programs in the county	December 31, 2017	5-2-1-0 Toolkit, Program Staff	CCDOH	Implementation in areas outside of the city of Hudson	

Priority Focus Area	Goal	Objective	Intervention Strategies	Process Measures	Partner Role Partner Resources	By When	Will Action Address Disparity?
Reduce Obesity in Children	Create Community environments that promote and support healthy food and beverage choices and physical activity	Reduce obesity in children in Columbia County by 5% from 18.7% to 13.7%.	Implement 5-2-1-0 After-School program.	Implementation in Hudson Youth Center, Compliance of staff, Implementation of three "strategies" into policy	Hudson Youth Center Staff will be implementing program day-to-day, Cornell Cooperative can provide education, St. Peter's Health Partners have funding for Hudson City School District	Implementation by December 31, 2016. Implementation of at least three "strategies" by March 31, 2017	Yes

NYS Prevention Agenda Priority Area: Promote Mental Health and Prevention Substance Abuse

NYS Prevention Agenda Focus Area: Prevent Substance Abuse and Other MEB Disorders

Columbia County Goal 3: Prevent nonmedical use of prescription and illicit drugs by youth.	
PERFORMANCE MEASURES	
Indicators	Source
Reduce number of Opioid-related Emergency Department Admissions from 100 (2014) to 75 by December 31, 2018.	Opioid Overdose Prevention 2015 Report

Strategy 1: Work with Controlled Substance Awareness Taskforce to implement elements of Project Lazarus					
Background on Strategy					
Source: Prevention Agenda Action Plan Re-Fresh Chart					
Evidence Base: Project Lazarus					
Policy Change (Y/N): No					
Action Plan					
Activity	Target Date	Resources Required	Lead Agency/ Partners	Anticipated Product or Result	Progress Notes
Increase number of medication drop boxes in Columbia County	December 31, 2018	Boxes, location, staff to monitor boxes, staff to pickup and dispose of box contents, local elected official support.	CCDOH, CC Human Services	Increase the number of medication drop boxes in Columbia County by at least 3 locations.	
Coordinate school based community forums addressing opiates in the community	Ongoing	School district cooperation, law enforcement, local agencies, student engagement	CCDOH, CC Human services, County School Districts	At least one forum in each school district or town.	

Increase number of narcan trained community members	Ongoing	Location for trainings, narcan kits, trainers	Catholic Charities Project Safepoint, CCDOH, School Districts, local government and local organizations	Increase number of community members with narcan kits available to them.	
Track Narcan administration in Columbia and Greene Counties	Ongoing	Multidisciplinary reporting capabilities	Columbia Greene Controlled Substance Awareness Task force	Strengthen infrastructure to improve accuracy of narcan administrations	

Priority Focus Area	Goal	Objective	Intervention Strategies	Process Measures	Partner Role Partner Resources	By When	Will Action Address Disparity?
Prevent nonmedical use of prescription drugs by youth.	Work with Controlled Substance Awareness Taskforce to implement elements of Project Lazarus.	Reduce number of hospitalizations and deaths due to illicit and prescription overdose.	Increase number of Naloxone trained community members. Increase number of medication dropboxes.	# of trainings, # of medication drop boxes, amount of medications collected, # of community forums promoting awareness.	Controlled Substance Awareness Taskforce: Prescriber Workgroup creating a toolkit to contribute to limiting the amount of prescription drugs in the community. Prevention Workgroup works to promote awareness of existing medication drop boxes and will have a presence in community forums.	December 31, 2018	No